

# Bicom questions & answers

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## Frequently asked questions about bioresonance

With the biophysical model in general and bioresonance in particular being unfamiliar to many, there are some common questions that you might want to ask about it.

### Why haven't I heard of bioresonance before?

Since its inception in the 1970s and 1980s, bioresonance has been used widely in Europe by medical practitioners, veterinarians, dentists and alternative health practitioners. It has been recently introduced into Russia and in Chinese medical hospitals. Elsewhere, it is used mainly by alternative practitioners.

Despite its longevity, part of the reason that bioresonance is not better known is that most medical research is commissioned by drug companies. Because bioresonance does not involve drugs, it is less researched.

### Does bioresonance work for every condition?

Bioresonance nurtures the body so that its resources are strengthened to effect its own cure. Energetic medicine does not treat diseases: it treats the body.

To achieve this, bioresonance works on the dual systems of information (biophysics) and energy fields. These superordinate systems act on chemicals in the body but, well before the individual develops a chemical disturbance, energetic imbalances can cause the body to struggle to maintain good health.

Through this therapy all of the organs and systems of the body can benefit. This includes metabolism, the digestive, immune, skin, endocrine (hormonal), nervous, respiratory, musculoskeletal, circulatory and urological systems. While assisting the function of any cells or tissues involved in any of these systems, it cannot of course resurrect tissue that has died. This means, for example, that once the islet cells of the pancreas have died, the resulting diabetes cannot be reversed.

With any condition, it is not possible to know ahead of time how much of the symptoms are due to malfunction and how much to damage. Therefore, no one can know in advance how much improvement is possible.

### Are there any side-effects?

Studies of the efficacy of bioresonance have found no side-effects. This is because before delivering a therapy program, practitioners test if the program will benefit your body.

Rarely, there can be a 'crisis of healing' in which the symptoms worsen temporarily following therapy. This indicates that the bioresonance therapy, while correct, was too intense. Even this is unlikely, however, with an experienced practitioner.

### **How long does therapy take?**

We think of reversing chronic health conditions as being like trying to turn around an ocean liner. The body has taken a long time to become unwell and reversing that process will take some time too. The duration of bioresonance will depend on your constitution, your age, how close together your therapy sessions occur, what other strategies you use to support yourself (e.g. diet and exercise) and what other stressors may be affecting your body (e.g. work stress).

If we see the many layers of illness as being like the layers of an onion, each one has to be peeled away to expose and clear the previous layer or underlying cause. And if there are many aspects to each layer – such as multiple infections or many intolerances – they will each need therapy. And with core food intolerances (commonly to gluten or to milk proteins) the body may require more support than acquired intolerances.

However, as the body begins to right itself, it will spontaneously repair some aspects. And the reverse is also true: setbacks in the form of new infections or stressors can mean that your practitioner will have to focus on acute issues, leaving aside therapies of the chronic problems for the time being. Of course, this will prolong your therapy course. In my experience, if a condition involves malfunction of the brain, therapy can be protracted. A field known as homotoxicology believes that the body stores toxins in the least important organs or systems first. Our assumption is that the least safe place for storage would be the brain. Therefore, once the brain is affected, the whole system is unwell – and that will take time to heal.

The same is true of skin conditions because these are an external manifestation of a multi-faceted internal condition, often involving digestion. The skin and the brain are formed in utero from the same embryonic tissue, in which case anything affecting the skin can also be affecting the nervous system which, as already mentioned, can be a complex syndrome.

During bioresonance therapy of chronic conditions, improvement can occur unevenly, with periods of vast improvement sometimes followed by slower gains. This is partly because different levels of damage to the various organ systems will take differing recovery times.

### **Can children have bioresonance therapy?**

Bioresonance therapy for children is usually quicker than for adults because in their shorter lifetime they have been exposed to fewer noxious influences. However, as for adults, if their nervous system or skin is involved, therapy can be prolonged.

### **Do I have to abstain from certain foods?**

During Bioresonance therapy, it will be necessary to abstain from certain foods to allow the body to heal. These may include wheat, gluten, dairy, eggs and soy. The length of time that

you will have to abstain will depend on the damage already done to your body. For example, cells that line the small intestine can take six months to repair.

After therapy, you should be careful in future not to overload your system with daily intake. Even when the body has been strengthened it would be wise to treat reactive foods with respect.

## **References**

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